



Privacy Policy

As part of the application and consultation process, Nutrition for Health collects personal information from you, including information about your name, address, phone number, email address and billing information. This is collected via email, the online booking system, payment system and direct contact from you via Zoom, Skype or face to face.

We will not share your personal contact information with any third party outside of Nutrition for Health, unless it is necessary to provide you with a service and you have been fully informed. Examples of this would be: a supplement order through a practitioner only supplier, or an allergy test via a third party.

During the consultation, we collect personal information from you in order to obtain up to date information about your health, diet and lifestyle.

Providing some information is optional. However, if you choose not to disclose important information about your health status, diet and lifestyle, we will be unable to formulate a personalised treatment plan specific to your needs.

We keep your information safe by storing it in a lockable filing cabinet and a password protected secure computer system that only your practitioner has access to.

Your information will be kept for two years after your last consultation, at which point we securely destroy it by deleting all data from the computer and shredding paper files.

We securely process payments through Stripe or PayPal. We never have access to your credit card information or Stripe or PayPal account information. Please visit the Stripe or PayPal payment policies to learn more about their privacy policy.

You have the right to ask for a copy of any personal information we hold about you, and to ask for it to be corrected if you think it is wrong. If you'd like to ask for a copy of your information, or to have it corrected, please contact us at nutritionforhealthnz@gmail.com, or 0275701184.

Disclaimer

The information contained on this website is not intended to diagnose, treat, prevent or cure any disease or health condition. It is not intended to substitute for the advice, treatment and medical diagnosis you receive from your GP or other qualified health professional.

As a nutritionist I am not able to make any medical diagnoses, provide second opinions, make claims or provide a substitute for the medical advice you are receiving from your GP or other qualified health professional. The information on this website is not intended to be used for diagnosing or treating any medical condition or health problem.

Cancellation Policy

Please provide 24-hour notice in the event that you need to cancel your appointment (cancellations less than 24 hours or no shows will occur a 50% of the consultation fee charge).

If you have paid for your consultation in advance and no longer can attend (provided 24 hours' notice is given) you will be given a full refund. If you cancel less than 24 hours you will be charged 50% of the consultation fee).

Payment is due before or on the day of the consultation.

If an internet connection issue prevents the online consultation from taking place, the appointment will be rescheduled as soon as is convenient for both client and practitioner (at no extra cost).